



VOL.XXXIV. NO 9

BROADMEAD, COCKEYSVILLE, MD

May, 2013

Moving into L-10

John E. Howl Named Broadmead's Chief Executive Officer

By Marcia Reinke

Following an extensive nationwide search, the Broadmead Trustees have named John E. Howl, 52, former chief operating officer of Wisconsin's Oakwood Lutheran Homes Association, to Broadmead's top job. Howl and his wife Cindy will be on campus commencing June 1. He will officially take over from retiring CEO Rich Compton on July 1.

Howl, only the third CEO in Broadmead's 34 year history, will be renting apartment L-10 and plans to reside there for at least one or two years. Permission to rent the apartment to Howl has been granted by the Maryland Department on Aging.

In conducting the search for a new CEO, the trustees retained search firm Witt/Kieffer, which convened focus groups with residents and staff as well as the trustees to determine Broadmead's strengths and weaknesses and the qualities needed in persons to be considered for the job. Over 400 position specifications were sent out by Witt/Kieffer. From those who responded, three were selected for final interviews. Resident and staff groups again were brought into the process and had an opportunity to meet, interview and evaluate the finalists.

Born and raised in San Diego, CA, the fourth of nine children, Howl has a B.A. in

Finance and Management from Metropolitan State University and an M.B.A. from the University of St. Thomas, both in St. Paul, Minnesota. In addition to 27 years of increasingly responsible positions in the long

term care field, he is a licensed nursing home administrator and has served on boards of numerous state associations in the aged-care field. He has held positions as executive director, chief executive officer, vice-president of strategic development and chief operating officer in both single and multi-site continuing care retirement communities and their parent organizations in California, Colorado and Minnesota, as well as Madison, Wisconsin.

This record will be "invaluable to our

organization as we face the increasingly complex field of aging service," Trustees Chair Ann H. Heaton said.

Howl's father was a social worker for the County of San Diego and his mother, an accountant and linguist. "Our parents instilled in us the values of integrity, faith, education, hard work and respect for self and others," he said.

At a young age, Howl excelled in sports and academics and was team captain, class

Continued on Page 21



Music

By Carolyn T. Underwood

Music - mysterious soul of life
beauty we long for
that only it can bring.
When he could no longer hear,
Beethoven composed his 9th Symphony

Something is planted in our hearts, brains,
bodies
a terrible need to hear and express
glorious sounds of grace,
the hands, the voice, the all of us
to hear and express the sounds of the
Word
which has been from the beginning,
as John tells us, which brings Light,
which enlightens, quickens us,
a newness
which satisfies all our longings.

EDITORIAL POLICY

THE VOICE is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry feature articles, essays and poems written by residents and staff, of interest to Broadmead residents, plus material assigned by the editors. As its major goal is to promote a sense of community, THE VOICE does not publish criticism of individuals or of the three organizational bodies that comprise Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. THE VOICE does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule THE VOICE will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed. The decision of the Editorial Board in regard to publication shall be final. Those submitting articles should retain copies as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want no article to run to more than one page, no copy may exceed 600 words in length. All copy is subject to editing and cutting. All submissions should be typed and, if possible, sent by email attachment to voice@broadmeadra.org, with a hard copy in THE VOICE box opposite the copy machine in the BRA office.

BROADMEAD WELCOMES

By Nancy Allchin and Natalie Bellows

Joan Seid (Mrs. Paul)

C-14 443-578-8375 March 2013

Joan comes to Broadmead from Fair Lawn, New Jersey, where she lived for 42 years. She was brought up in Brooklyn,

New York, and after taking special training became a legal secretary. She continued in that work for about ten years.

She married, and she and Paul had two children. Joan has been a widow for 22 years. Their son David and family live in Bethesda; their

daughter Leslie and family are in Baltimore, and each of them has two girls. Joan has a love of music and having lived in the environs of New York City attended many operas at the Met and plays at Lincoln Center. She has passed her musical interest on to her daughter and granddaughters.

She has volunteered for the Sisterhood and later for her temple. She is a baseball fan, and promises to root for the Orioles as long as they are not playing the Yankees.



BRA Health Care Committee Lecture

Tuesday, May 21
10:30 a.m. Auditorium

Vascular Advancements Quicker Recovery Times

Presenter: Samer Saiedy, MD, FACS

Memorial Day Has Many Stories

Rose and Terry Share One of Them

Around Memorial Day in recent years The Voice has featured resident stories about the bombing of Berlin, imprisonments in German POW camps, Holocaust survivors, actions in the Pacific, the war effort of our Rosie the Riveters, a flyer husband lost in Korea and contributions made by our Quaker residents as conscientious objectors. This story, about residents Teru Tajitsu Mottley, Rose Hijikata and her late husband Frank, is of a different kind.

By Gwen Marable

Executive Order 9066, issued by President Franklin D. Roosevelt in 1942, shortly after the bombing of Pearl Harbor, set up the entire west coast of the United States, including California, Oregon, Washington and Arizona, as an "exclusion zone" from which all persons of Japanese ancestry were to be removed.

Sent to "war relocation camps" were approximately 120,000 men, women and children, of whom 62% were American

citizens. Broadmead residents Teru Mottley and Rose Hijikata are among those whose families were interned. As a child in the 1940s, Rose and her family lived on a farm in Mountainview, California. Teru Tajitsu, whom we know as Terry Mottley, was living in Seattle.

When the exclusion order was issued in their area, Rose's family moved to Colusa, California, from which they were eventually evacuated to the Amache Camp in Granada, Colorado. The whole family, Rose, her two sisters, her brother and their parents, lived in one room, sharing the bathroom with numerous other families and eating in a communal mess hall. There was little privacy. Rose's brother worked every day in the sugar-beet fields, until he was able to serve with Air Force squadron 442, an all-Japanese unit.

Prior to their internment Rose and her sister Miyuko had worked as babysitters for the children of Dr. Elton Trueblood, the chaplain at nearby Stanford University. Dr. Trueblood, who knew the general who had issued the exclusion order, arranged to have Rose and Miyuko released from the camps. The Trueblood family then drove to Westtown, PA, taking Rose and Miyuko with them. Rose's parents and sister Ann remained in the camp.

Rose lived with the Truebloods, completed high school and attended Earlham College. When WW II ended her parents were released from the camp and returned to California. Rose married the late Frank Hijikata, who had been interned in Heart Mountain, Wyoming.

Because of the Truebloods, Rose and Frank came to Broadmead in 1990. Martin Trueblood, Broadmead's first CEO and son of Dr. Elton Trueblood, was an old friend.

In the spring of 1942, Terry Tajitsu received an unexpected telephone call from her mother while visiting a friend. With no explanation, her mother instructed her to "go

Continued on Page 4



In 1943 the WPA took pictures of Teru Tajitsu and the four girls with whom she shared a studio apartment near Columbia University in poses such as this, at a grand piano, in order to show those in the Internment camps that they were happily relocated in New York City.

Rose and Terry Continued from Page 3

outside to wait for Dad who will just have time to drop you off at the train station and get home before the curfew." Terry's father picked her up, gave her a one way train ticket and dropped her at the train station, sending her off to stay with her sister, Kaz, who was attending Julliard in New York City.

Just eighteen, Terry took a tearful, solitary six day trip by train across the United States, arriving with only the clothes she was wearing, no money, no mementos, not even a chance to say goodbye to family or friends or to take a last look at the family home.

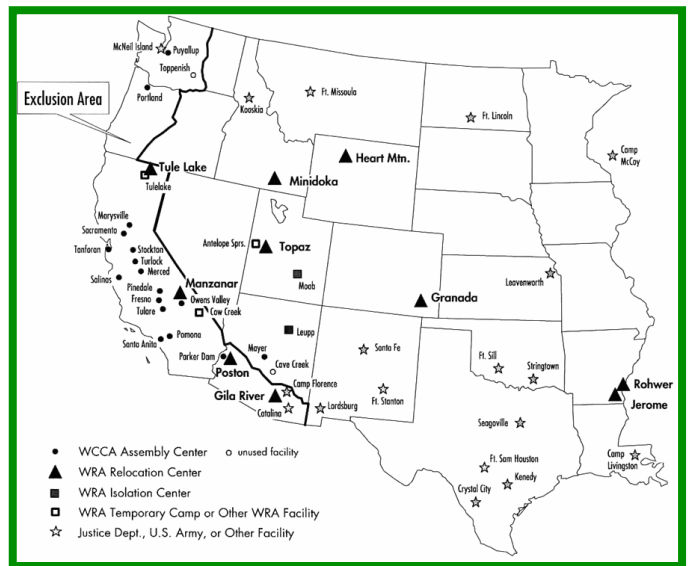
Soon thereafter, Terry's parents and two other sisters, with only two suitcases each, were sent to a temporary camp in Puyallup, Washington, and then to a permanent camp in Hunt, Idaho, where they lived for over three years.

Terry remained in NY, married and had a daughter, Lin, who we here at Broadmead have come to know as our Zumba teacher. After the death of Terry's first husband, she earned a degree and became a first grade teacher. She later married the late Bill Mottley. They moved to Broadmead to be near Lin.

Terry recently revisited The National Japanese American Memorial in Washington DC. It consists of a bronze sculpture by Nina Akamu and a wall inscribed with the names of the World War II battles in which Japanese-Americans fought. Also listed are the 10 internment camps where Japanese-Americans were housed. Two panels have the names of Japanese Americans who died fighting in World War II. The Department of the Interior has recently declared the ten internment camps Historical Landmarks.

It took four decades for the United States government, with the Civil Liberties Act of 1988, to formally apologize for the mistreatment of its citizens.

The April Broadmead Monday Book Club selection, *On the Corner of Bitter and Sweet* by Jamie Ford, deals with the Japanese internment. Another book, *Looking Like the Enemy*, by Mary Matsuda Gruenwald, gives even more insight into what it was like for a family to be interned.



Japanese Internment Camps

The Broadmead Play Readers

will present

Weiner Blut

by John DePrine

Produced by Anne and Charles Lee

Directed by Bob Gist

Wednesday, May 8

7 p.m. Auditorium

Cast

Sophie Mitz	Suzanne Crowder
Trudi	Sally Bloomer
Princess Marina	
Von Dusseldorf	Ruth Shaw
Baroness Theresa	
Von Grubel	Virginia Cooley
Prince Heinrich	
Von Dusseldorf	Branch Warfield
Baron Nicholas	
Von Grubel	James Crowder

Remembering Decoration Day A Community Effort

By Sally Bloomer

Growing up in a small town (pop 5,000) in the '30s offered advantages that I continue to appreciate in my old age.

Memorial Day is one of them.

We called it Decoration Day.

The school children were encouraged to pick flowers from the family garden and bring them to the town hall on Main Street. There the flowers were gathered in buckets.

Predominant were the "flags", purple, yellow and white. Iris were called flags in those days.

I especially remember the white spirea, snow balls (hydrangeas), syringa and, oh yes, the white, blue and violet lilacs. Is there a more delicate violet to behold than the French lilac? Perhaps the color of the joe-pyeweed comes close.

There on the sidewalk in front of the town hall between Mr. Loughborough's pharmacy and Pete the Greek's ice cream parlor stood the buckets brimming with bouquets ready for the school children to pick up.

The day of the Decoration Day parade the civic groups assembled in their allotted locations. Dignitaries in open cars, the volunteer fire department, two bands, one from the American Legion and the other from the high school.

I marched twice in that parade. The first time as a child carrying a bouquet. We marched right behind the American Legion band. Or was it the Pittsford High School band? Keeping step to Phillip Sousa's "American Patrol" we marched all the way down Main Street, across the Barge Canal and the Lehigh Valley train tracks, past the Sunoco Gas station, past Line Street where I lived and through the gate of the town cemetery.

The second time I marched in my Girl Scout uniform with a green beret atop my head. Led by our leader, Mrs. Greenfield, there were no stragglers in that group.

Being in the flower-children group was more fun. Upon our arrival at the cemetery we took our places at the top of a slight hill upon which a jet black Civil War cannon was mounted on



a huge pedestal. It was great fun to climb on, but not today.

The local preachers prayed. The American Legion commander commemorated the dead soldiers with a command to the uniformed veterans who fired off their guns.

Then the flower children were set free to find a grave marked by an American flag. This was a challenge. You had to move fast. There were more children with bouquets than graves with traditional red-white-and-blue flags.

After this ceremony the crowd dispersed. I walked one block to my house in which the town grave digger once lived.

Memorial Day, not Decoration Day, is now being observed. Some peace-loving people feel the event glorifies war and should be terminated. But I remember the one remaining Civil War veteran who rode in our parade in an open car. And the World War I veterans who marched proudly in their uniforms with guns on their shoulders. In those days in the '30s we felt we were honoring men who had sacrificed for their country. Honoring the past, not glorifying war, was in our hearts.

Broadmead Residents Association Concert Series

Sunday, May 28 2 p.m. Auditorium

Trio Cloisonne

A Baltimore Symphony Trio

Sarah Filler, harp Marcia Kamper, flute
Karen Brown, viola

New Guidelines Announced for Computer Support

By Bernie Anderson

In response to numerous questions regarding technical support for residents, new guidelines have been announced.

In the past, residents have called on Broadmead's Information Technology (IT) Department to provide assistance for matters involving computers, televisions and entertainment units. This has put a drain on the time IT needs to devote to the maintenance of Broadmead's technology systems. Effective immediately therefore Broadmead's IT Department will no longer be able to help residents except for matters related to the Broadmead telephone system.

Residents will now be responsible for their own IT problems involving computers, television and related equipment. The Residents Association will now be responsible for maintaining its computers in the Computer Lab and the "Cave" (treasurer, *Voice* and website).

A BRA ad hoc committee, established to address the support needs of residents as well as the BRA itself, has identified two outside individuals available to provide computer assistance on a fee-for-service basis: George Schultz (410-692-6086) and Andrew Krupa (781-572-5508).

George Schultz is a senior information technologist with many years of experience working with residents at Broadmead. His expertise is solely with Microsoft PCs. He will be charging \$30 an hour for the first two hours; \$20 an hour after that; and \$20 an hour for remote support.

Andrew Krupa is a knowledgeable Goucher student, very capable in working with both Apples and PCs. Because of his student work load, Andrew is only available on

weekends. He may be called at any time and messages may be left on his answering machine. He has agreed to charge \$18 an hour with a minimum of one hour. After one hour he will charge in fifteen minute increments.

Payments to both George and Andrew should be made directly to them at the time of service.

Under a BRA arrangement with George he will continue to provide a free consultation for residents in the Computer Lab once a month. Those interested must, however, sign up in advance on a list on the bulletin board opposite the rest rooms. Andrew will provide fee-for-service assistance in

both BRA locations as well as homes.

Persons needing assistance with televisions or accessories should seek help from organizations such as Best Buy.

Although wireless service is available in the Center, Broadmead has no immediate plans to provide wireless in the clusters. Residents may, however, set up their own wireless access.



Andrew Krupa and George Schultz

Open Forum

7 p.m. Auditorium

Friday, May 10

Protecting Yourself on the Internet

John Michener, Ph.D

Casaba Security

(An Internet Security Consulting Firm)

Thursday, May 30

Why Bad Things Happen in Perfect Places

Catherine Newman

Dean of Arts and Sciences

Johns Hopkins University

Aerating Fountain Installed in Lake Maybe



Photo by Bob Davies

By Bernie Anderson

Broadmead's storm water management area, otherwise known as Lake Maybe, is sporting a new feature designed to help keep it clear of algae and other green stuff it has collected in the past. Called an aerating fountain, it has a submerged motor powered by electricity, designed to draw water into its housing and push it past a deflector disc into the air.

The individual water droplets absorb oxygen from the atmosphere and return it to the "lake" thus transferring oxygen from the air into the water. The fountain, which floats, has a coated stainless steel bottom screen with 84 vertical bars that catch large debris and assist

in reducing the likelihood of clogging while allowing for maximum water flow into the unit.

The fountain and its installation had a cost of about \$6,000 which has been completely paid for from the proceeds collected from local businesses and residents who participated in the "Putting for a Purpose" golf match at the end of April. The Building and Grounds committee and other resident groups have been involved in selecting the fountain.

And those with "lake front" properties have reported that the ducks love it and the peepers are continuing to peep.

Opera Video

Friday, May 24

7 p.m. Fireplace Room

The Bartered Bride

Comic Opera by Bedrich Smetana
A Czech Film Prague Opera

Conservation Committee

Wednesday, May 9

10:30 a.m. Fireplace Room

Video will be shown

For information contact
Harry Blumenthal (R-3)

Display Case Heralds Gardening Season



Story and photo by Nancy Boyce

While the weather outside remained cold and wintry, the Display Case provided a leap into spring. Focusing on gardening with books, ornaments and ideas, it offered residents a source of inspiration.

Some items were donated by Sally Robinson, who heads the recently formed Garden Assistance Initiative Committee.

Ceramics, water colors, tools and fanciful animals came from the Display Case Executive Committee: Penny Partlow, Dottie Pearre, Florence Platt and Carolyn Murphy.

The collection of old seed packets belongs to Sally Bloomer.

Health Lecturer Examines Strokes: Causes, Prevention, Partial Recovery

By Frank Iber, M.D.

A presentation by Daniel Henley M.D. on the causes, symptoms, prevention and partial recovery from stroke held attendees at a recent Broadmead Residents Association Health Care lecture spellbound. Dr. Henley is Professor of Neurology and Director of the Brain Injury Center at the Johns Hopkins Hospital.

Using simple functions such as bending the elbow or knee, or opposing the thumb with the separate fingers and monitoring brain function with MRI images allow us to see normal function shortly after a stroke and after repetitive training.

We learned that elevated blood pressure is the single most important cause of stroke but also were directed to other causes that are amenable to preventive action.

Stroke is the second or third most common cause of death in America. Seventy-five per cent do not die, but 90 percent of those have significant impairment.

Clot-dissolving agents administered in the hospital within the first 90 minutes after symptoms allow about a third of stroke victims to recover without impairment. Administration in the first four hours has some benefit, but little effect after that time.

Some people have transient symptoms of a stroke which disappear, but which may be followed without appropriate treatment in the next week by a full stroke.

Repetitive exercises of the weakened arm or leg led to "take over" by parts of the preserved brain so that the incapacity was impressively diminished allowing more persons to remain in independent living. This good outcome was possible even in elderhood, he said.

**Wear Name Tags
May 1, 2 and 3**

New York Times Reporter Examines Drone Warfare

By Marcia Reinke

The controversy surrounding drone warfare, its usefulness, its upending of American principles and the Bill of Rights, and its impact on the world's assessment of the United States were explored by *New York Times* investigative reporter Scott Shane at an April Open Forum in the newly renovated auditorium.

"Obama is not a pacifist," Shane said. "You would think that a man who campaigned against enhanced interrogation would be against the use of drones.

"But he is for them," he said. "Obama has watched everything go wrong. Long wars. Thousands of casualties. Uncertain actions in terms of United States' interests.

"He is not against all wars. Just dumb wars," he said. "Drones are without risk to American operators."

Shane, a former *Baltimore Sun* reporter and Moscow correspondent, has written extensively about the use of torture during the Bush Administration, the anthrax investigation, classified information leaks and the evolving terrorist threat. At the *Times* Washington bureau he is assigned to issues of national security.

Use of remotely piloted drones dates back to Viet Nam, but their first major use was in Yemen when it was learned that "a guy from Buffalo" was the mastermind of the attack on the USS Cole. Under Bush, predator drones were used in Pakistan periodically, until in 2008 it was decided to accelerate strikes.

Under the Obama administration there have been targeted killings in Yemen, and drone attacks in Pakistan have greatly expanded. "We've killed approximately 3,000 people, mostly in Pakistan, some in Yemen, Somalia and Mali. This is the new form of warfare," Shane said.

The secrecy guarding the drone strikes under Bush put off by 10 years the now-leaked information which is causing the current debate. "There is a division between the CIA and the military. And Obama is extremely involved." Hundreds of agencies provide

information about proposed targets to determine "whether they qualify for the kill list," he said. The big controversy is over civilian casualties and the targeting of victims, some with American citizenship, without benefit of trial.

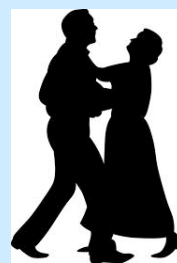
"The jury is still out on the strategic value of these strikes,"

Shane said. "Are they causing more harm than good? Are they resulting in more hatred of the United States? Are we winning the battle and losing the war?"

Addressing torture, Shane said that it has been closed down and is not expected to be revived again anytime soon. Commenting on the closing of Guantanamo, he pointed to the impasse whereby members of Congress do not want trials on U.S. soil, and countries of prisoner-origin refusing to take them back. In regard to the anthrax investigation, Bruce Ivins and Fort Detrick, Shane said he still questions the actions of the FBI. "Ivins never confessed. The FBI appears to think 'he is dead, end of story.' It is still being looked at," he said.



Scott Shane



Let's Dance

Monday

May 13 7 p.m.

Lounge

Everyone Welcome

In Memoriam

Polly Roosevelt

March 29, 1917

April 8, 2013

Elizabeth Butcher

July 15, 1939

April 8, 2013

Marcia Evert

May 16, 1920

April 10, 2013

Kitty Anderson's Quilts Wow Visitors to OPD Corridor

Resident Kitty Anderson retrieved quilts gifted to family for the Broadmead display.

Thirteen quilts, each with a name, were made over the past 13 years. Here's what Kitty has to say about her quilting hobby...

Photos by Marcia Reinke



"My interest in quilting started when I was very young, growing up on my grandparents' farm. Making quilts was a popular pastime and was useful in keeping warm in unheated homes. I was too young to actually do the stitching, but the desire to do it never left me.

Thirty some years later, after raising my family, I took an adult education course and completed my first quilt in 1975. It was a crib quilt for my niece (god child).

That started my passion for quilting. I completed several quilts before I developed arthritis in my hands. I now do all the cutting and piecing together the designs for the front and back of my quilts and then send them to Stover Quality Quilting Company in Stover, MO, where they are completed with batting (filling) and stitched to my specifications. Some of my quilts are made from kits, some from pictures, and some are my own designs.

My quilts are now in the homes of my children, grandchildren, sister, nieces and our own. Quilting continues to be my passion and I am presently working on two different ones. In the past some quilts have taken two or three years to complete because of the complex designs."



Sixty Celebrate Passover Seder



Eli Freedman's daughter, Reva Freedman, came to Broadmead from Chicago for the third year in a row to lead the annual Seder service. The traditional dinner was served in the Magnolia Room with 60 residents attending. Each was given a copy of the Haggadah to follow as Reva told the story of the exodus of the Jewish people from slavery to freedom and explained the significance of the customs and symbols included in the ritual meal. Shown here from left are Ruth Williams, Eli Freedman, Reva Freedman, Gwen Marable, Sonia Blumenthal, Harry Blumenthal, Ruth and Lee Fleishman. The event was sponsored by the Multicultural Committee.

Photo by Sally Bloomer

Summer Information Needed

Because ***The Voice of the Residents*** does not publish in July and August, summer events will be announced in the June issue. All event organizers need to get their information to Bernie Anderson by May 10. Leave it in Box H-5 or in the black and white box in the BRA office opposite the copy machine, or e-mail it to voice@broadmeadra.org.

Adventures in Learning

Wednesdays 10:30 a.m.

Auditorium

**Spain and England
in the Americas 1500-1800
(continued)**

Rhoda Dorsey and Bob Forster

May 1 - The Spanish Case (Forster)

May 8 - The British Case (Dorsey)

May 15 - Toward Independence

Year to Date Tops \$44,000

Barn Sale Scores Big Again

Text and photos by Marcia Reinke

The gross proceeds from the two-day April barn sale and its pre-sale were \$20,720, according to figures released by Barn Sale treasurer Ethel Landis.

Included in that figure were sales made, more or less informally, between the October barn sale and the April 12/13 event.

Since the beginning of the 2012-13 fiscal year the Broadmead Residents Association's many Barn Sale workers have added \$44,036 to the funds which pay for the activities of over 50 resident projects and groups. With two months to go in the fiscal year, informal sales should provide an annual figure even higher than that.

The Friday and Saturday proceeds were about equal this time, Landis said. Sales

traditionally run for seven hours on Friday and three-and-a-half hours on Saturday with the final hour half price.

In recent years sales during the shorter Saturday hours well exceeded the Friday proceeds.

As usual, furniture raised the most money at \$6,180. Furniture, all of it donated from resident apartments, covered almost the entire lower level of the Center prior to the sale. Very little was left.

Also, as usual, clothing raised the second largest amount at \$4,248. Appliances did well at \$2,786.

Almost every able-bodied resident participated in some way in the Barn Sale, from the early collecting and sorting, through the sale, and the sending of left-overs to charity.

BARN SALE TOTALS 10/25/12 - 4/13/13

Appliances.....	\$2,786
Baked Goods.....	348
Books.....	85
China and Glass.....	1,225
Clothing.....	4,248
Furniture.....	6,180
Holiday Decorations.....	15
Jewelry.....	923
Kitchenware.....	1,128
Linens.....	1,156
Main Desk/Baskets.....	69
Shoes/Handbags.....	630
This 'n' That.....	1,927
TOTAL.....	\$20,720



Clyde Shallenberger and his extra-long shoehorn worked in shoes and handbags which brought in \$630.



Working on furniture here are Louis Kister, Bernie Anderson, John DePrine & Bob Fetter.



Betsy Walser, Natalie Bellows and Kitty Stierhoff worked the bake sale



Womens's clothing was a big draw.



In appliances Ben Villalobos, John McShane and John Carnell chat with customers.



This 'n' That brought in \$1027

What Happened to the Barn Sale Books?

By Sibylle Ehrlich

Yes, it's true, the Lounge was not filled with hundreds of books as it had been in past years. But rest assured, those books did find a good home, though perhaps not yours. A literacy program, *BetterWorldBooks*, now sells the books that our library does not need or cannot accommodate all over the world at very reasonable prices. The Broadmead Residents Association gets 15% of their profit. They have raised millions of dollars for local libraries and literacy programs. (Check them out on the Internet!)

Also, did you know that book dealers came and bought them by the boxful? So they go to a good cause.

In the meanwhile, inspect the Book Cart in front of the Country Store where you can find the "cream of the crop" for just a dollar.





The Chamber Chorus of the Baltimore Choral Arts Society returned to Broadmead for its now annual springtime event sponsored by Dr. Anne E. Culbertson in memory of her late mother and longtime resident Marty Culbertson, an anonymous donor and the Broadmead Residents Association. The Chorus under the direction of Tom Hall presented a program of Poetry and Song, featuring musical interpretations of well-known poems and psalms read by Elborg Forster, shown with Tom Hall, at left. Featured in a well-received closing number, above, were Leslie Kight, soprano, and Courtney Becker Howell, mezzo soprano. The Chamber Chorus is scheduled to return for a Christmas program in December and for another concert next spring.

Photos by Marcia Reinke

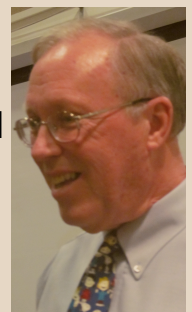
Broadmead Writers Group

Thursday, May 9 7 p.m.
Auditorium

Annual Reading of Members' Work

All are welcome

The Wayne Schaumburg program on "Baltimore in the Best of Times and the Worst of Times", cancelled by the "non-storm", the "bug" and auditorium renovations, has been rescheduled for Wednesday, May 29.



Need Help?**Friends Circle Provides Three Levels of Care***By Elborg Forster*

Friends Circle has moved! The two employees who worked in the Friends Circle office, tucked away in a tiny space off the OPD corridor, now have much more spacious quarters, complete with natural light, next to the Corner Cupboard and the Country Store.

The *Voice* recently paid a visit to find out and report just what goes on there. Sherri Michaud, the full-time program director, graciously allowed our reporter to observe the office's multiple activities and answered all questions. Sherri was alone in the office, since her office mate, Tracy Meise, RN, only works part time. A computer screen showed multi-colored blocks of time for a week, marked with the names of residents and caretakers. The next screen would show the next week, and so forth, far into the future. Sherri explained how the residents and the caretakers have to be matched up. The interview was repeatedly interrupted by telephone calls from residents requesting help, by applicants for employment who came to the office to set up an interview, and by employees looking for a new assignment. It is a busy place indeed.

A flyer notes that all the employees are insured and have gone through a credentialing process that includes a criminal background check, drug screening, verification and licensure certification, in-depth reference checks and TB testing. All are employees of Friends Circle, receive paychecks with taxes deducted and W-2s. Telephone calls when a helper arrives and leaves a resident's home serve as a "time clock". No direct payments are allowed. Residents are billed monthly by Friends Circle.

There are three levels of care: companionship, certified nursing assistance and geriatric assistance. In addition, Friends Circle can also provide transportation.

The charges for these services are: Companionship, \$19/hour; Certified Nursing Assistance, \$21/hour; Geriatric Assistance, \$21/hour; Transportation: \$ 21/ hour.



Sherri Michaud has been running Friends Circle for five years. Residents who want to know more about its services are invited to drop by her new office next to the Country Store or she may be called at 443-578-8065.

Photo by Marcia Reinke

Wednesday Night Bridge
6 p.m. Taylor
 No partner required

Corner Cupboard

Monday, Tuesday, Thursday and Friday
 10 a.m.-1:30 p.m. and 2:30 - 4:30 p.m.
 Orders may be placed Monday thru Friday
 between 10 a.m. - 4:30 p.m.
443-578-8075

Country Store

Monday to Friday
 10 a.m. - 2 p.m.
 Saturday: 11 a.m. - 1 p.m.

Broadmead Briefs..

Carol McCord had an exciting, if scary, real-time audio description of the Boston Marathon manhunt on Friday, April 19, from her granddaughter Caitlin Lyons and her husband Jonathan whose Watertown apartment fronts on an area where a search for the perpetrators was underway. Caitlin told Carol via phone that a policeman with a machine gun was stationed in her driveway, and that the whole neighborhood was filled with FBI, police and media. Watertown, like Boston and Cambridge, was closed down and everyone told to stay home while the manhunt was underway. Caitlin had a clear view of the whole scene from her apartment window from 6:30 a.m. to 10 a.m.

The stupidity and ingenuity of Broadmead residents were displayed recently when a certain absent-minded Voice editor, desiring to get photos off her camera's memory chip, inserted it into the CD slot (instead of the chip slot) on her computer where it was immediately swallowed. Wail. Moan. Tip computer on its side. Search internet for help. Wouldn't budge.

Until Dr. Court Robinson looked at and diagnosed the problem, and went to the Wood Shop where he fashioned some skinny forceps which he inserted into the CD's womb, retrieving the perfectly healthy wayward chip.

All those years as an obstetrician paid off.

Woe to new residents who'd like a deer-proof fenced-in garden plot. Flo Platt, the new hander-outer of plots says all are taken. New BRA goal? Bigger fenced in area?

Bird and Nature group bird walks will be held Saturdays in May beginning at 8 a.m. at Lake Maybe. A tree walk with Jim Rose is scheduled for May 31.

The Wellness Department has announced that Broadmead's annual Senior Health and Fitness Day, "Heels, Wheels and Aqua Seals" will be held Wednesday May 29. A sign-up sheet is posted for an Orioles game on Wednesday, May 15. A walk on the NCR trail is also planned.



Rehab Coordinator Becky Shive showed off the new mobile signs designating scooter and walker parking areas at a recent Fireside Chat. The sign-holders were made in the BRA Woodshop. Photo by Bernie Anderson

A mini-reunion for graduates of Baltimore's Eastern High School will be held in the Magnolia Room Wednesday, June 12. Call Ruth Fleishman for information.

To request Jimmy's Cab for a return ride to Broadmead after a daytime medical appointment call Broadmead OPD at 443-578-8024. From 4 p.m. until 8 a.m. call 443-886-4633. The Jimmy's Cab program is for Broadmead residents only.



Among those who took the Broadmead bus to the National Gallery of Art recently were Ruth and Lee Fleishman, here admiring a sculpture by Calder. Special exhibits were "Albert Durer: Master Drawings, Watercolors and Prints from the Albertina Museum in Vienna" and "Pre-Raphaelites: Victorian Art and Design." Photo by Sally Bloomer

*Having Financial Trouble?***Broadmead Residents Assistance Fund (BRAf) May Provide Help***By Donna Smith*

Residents experiencing financial problems should know that Broadmead Inc. and the Residents Association have a fund, with assets of more than \$6 million, the sole purpose of which is to help in time of need.

Established in 1981 by Broadmead, and the BRA, the Broadmead Residents Assistance Fund (BRAf) is committed to providing assistance to residents who are or may soon be experiencing difficulty meeting their budgeted requirements. Help is available also for residents who are lacking the resources to finance special needs and services, such as hearing aids, power-operated vehicles, dentures and dental treatment.

The BRAf Council oversees distribution of assistance to residents. If you are currently

receiving assistance, the BRAf Council recommends that you review your situation and make a request for increased assistance as needed. Consider what changes there have been in your resources and needs. Consider the effect that the increase in monthly fees on July 1st will have.

You may apply in confidence to either the Chief Executive Officer (currently Rich Compton, to be succeeded by John Howl,) or the Chief Financial Officer (Pat Gordon). The BRAf Council decides on each request. To assure privacy, requests are discussed by case number only, not by residents' names.

The BRAf Council hopes that residents in need will not hesitate to seek aid, and that they will be reassured by the confidentiality involved. Current BRAf Council members are residents Cynthia Ballard, Jean Hake and Donna Smith (Chair), and Trustees Alice Cherbonnier and Jolene Paruch.

Saturday Night Performances

7 p.m. Auditorium

- May 4 Kentucky Derby Day Party
(time to be announced)
- May 11 To Be Announced
- May 18 Preakness Race Party
(time to be announced)
- May 25 Movie (see page 23)

MOVING AROUND BROADMEAD

From	To	
Bettie Byerly	S-106	T-322
Flo Dunlop	L-6	J-15
Georgia Erlbeck	R-16	T-328
Nydia Finch	J-10	T-308
June Hermann	T-315	H-250
Marshall Sutton	A-1	T-309

Broadmead Trips Committee

Visit to Winterthur

(Former home of Henry Francis du Pont)

Thursday, May 16

(Bus will leave from lower level at 9 a.m.)

(Cost: \$28 payable to BRA by May 2)

Visit To Antietam

Historic & scenic route taken during Robert E. Lee's September, 1862 Maryland Campaign

Wednesday, June 19

(Bus will leave from lower level at 9 a.m.)

(Cost: \$45 payable to BRA)

See the bulletin board for sign-up for both trips



Blakeslee, Iber and Espenschade

Wellness Challenge Top Winners Are Iber (again) Espenschade and Blakeslee

Twenty-one residents participated in this year's Destination Challenge, sponsored by the Wellness Department to get us "moving and improving." Antarctica was the destination this year. Miles traveled were figured by participation in exercise classes, swimming, walking the perimeter road, working out on the machines and even ambling to and from the Center and around grocery stores.

Participants turned in exercise records weekly during the month of March.

Moving up from second to first place this year was Frank Iber, who has as incentive the needs of "Peaches," a German shepherd whom he guides around the perimeter road many times a day. Placing second and third were two newcomers to the challenge, Marjorie Espenschade and Gayle Blakeslee.

Others who took part in the Antarctica "trip" were Sonia Blumenthal, Suzanne Crowder, Bob Fetter, Lee Fleishman, Ruth Fleishman, Elborg Forster, Alice Giles, Joyce Gilley, Jean Hake, Margaret Lord, Mary Nichols, Marcia Reinke, Virginia Schurman, Mary Ruth Sidwell, Barbara Smith, Donna Smith, Natalie Starr and Sally Weinman. Wellness Director Jody Tromble and Wellness Coordinator Julie Sega provided participants with weekly progress reports, bits of encouragement and information about their far South destination.

Annual Staff Service Awards Announced

Three members of the Broadmead staff were recognized for 30 years of service recently at the annual Service Awards Dinner held in the Holly Terrace. Four more were thanked for 25 years at Broadmead.

Tom Mondloch recognized the 30-year staffers: Evelyn Cohn, Melinda Purkey and Jean Mercer. Doug Bareis announced those with 25 years of service which included himself, Toby Hughes, Steve Martin and Heather Heiler. Thanked for 10 years of service by Rita Johnson-Chase were Allen Turnbaugh and Betty Shaughnessy.

Recognized by Pat Gordon for five years at Broadmead were: Rita Johnson-Chase, Carole Hayes, Diane Krause, Glenda Ford, Deborah Williams, Carol Belz, Catherine Carroll, Tom Myers, Drew Schmidt, Nichae Anderson, Tyisha White, Jerrell Fleming, Jasmine Scott, Akiah Smith, Allen Fleming, Ashley Swift-Pressley, Sylviah Wamuti, Valerie Homesley, Jeanette Pressley, Marissa Shaff, Nancy Kamau, Linda Wallace, Joann Franklin, Michelle Lewis, Coretta Evans, Oladipo Olaleye, Natalie McGregor, Mia Davis and Marcia Williams.



Honored for 30 years of service to Broadmead at the annual Service Awards dinner were, from left, Evelyn Cohn, Jean Mercer and Melinda Purkey. Evelyn works in the laundry. Jean is a nursing assistant. And Melinda is the food service administrative manager.

Photo by Kyle Conrad

Rehab Team Holding Open Houses

Photo and text by Bernie Anderson

At a recent open house held by Broadmead's Rehabilitation Department, staff members answered a host of questions about what they do. The group holds such open houses every other week (usually on Thursdays from 12:30 to 1:30 p.m.). All residents are invited to attend. See the weekly yellow sheets for specifics.

The department consists of three staff professionals: Becky Shive, Nancy Swierk and Chuck Warnke, with each focusing on different aspects related to rehabilitation. Becky deals with Activities of Daily Living (ADL) or occupational therapy. Nancy focuses on physical therapy helping residents to recover from problems usually caused by falling. Chuck is a Speech Language pathologist, noted for his hosting of the Brain Aerobics and Brain University programs. He also offers individual speech therapy.

Residents who feel they could benefit from such therapies are free to contact any of the staff to arrange participation. The staff is also available to provide therapies in residents' units. The Rehabilitation Department is separate from the Wellness Department, where staff professionals Julie Sega and Jody Tromble oversee various activities directed at helping residents maintain a healthy life style.



Nancy Swierk, Chuck Warnke and Becky Shive

Howard Smith Presents Books to John Michener and Marjorie Scott



Photo and text by Marcia Reinke

Howard Smith, one of the black students who were locked out of the schools in Farmville, VA, during the mid-century desegregation era, told of his experiences there and of life in that community today at a meeting sponsored by the Multicultural Committee here.

His talk was preceded by an MSNBC documentary earlier in the week detailing how black students protesting the inequality between their schools and the white schools were thus effectively denied public education over several years while white students attended all-white "academies."

Among those helping the black students were the Friends, including Baltimore's Stony Run Meeting, the founder of Broadmead. Smith stayed with resident John and the late Ann Michener who were living in Windsor Hills. Raising the money for this Stony Run program was resident Marjorie Scott. Smith presented Marjorie and John with a book written by his nephew entitled *The Educational Lockout of African- Americans in Prince Edward County, VA, 1959-1964*.



Among those at a reception for the reading of Friends School Writing Project biographies this year were, from left, Sue Carnell, her granddaughter Sarah Lambros, daughter Cristin Carnell Lambros and son-in-law Mitch Lambros. Seated at right is resident Bea Post.

Photo by Linda Chick

Bus Transportation Arrangements for 2013-2014 Needed by June 30

Arrangements for 2013-2014 bus transportation through the Broadmead Residents Association Season Ticket Transportation Service (STTS) need to be made before June 30, Louise Hager, chair of STTS, has announced. Applications are available at the front desk. Costs are as follows:

Baltimore Symphony, A and B.....	\$42.50
Baltimore Symphony, K.....	\$51.00
Shriver Hall Concerts.....	\$51.00
Center Stage, Weds matinee.....	\$59.50
Everyman Theater, Friday and Saturday.....	\$51.00
Lyric Opera Sunday Matinee.....	TBA
Choral Arts Concert.....	\$25.50

Checks should be made payable to the Broadmead Residents Association with STTS in the memo line.

March Bug Hit 61 Residents, Not As Bad As February 2012

Precautions Reviewed

By Bernie Anderson

The “bug”, a misery-making combination of vomiting, diarrhea, abdominal cramps, fever and chills, actually felled fewer residents last month than did a similar affliction a year ago.

According to figures provided by Leslie Green of the Outpatient Department, 61 people are known to have come down with the gastrointestinal virus this time, compared to 124 in February, 2012. More, however, may not have reported their symptoms to OPD, she said.

Broadmead decided to shut things down when 20 per cent of the residents reported symptoms. During the quarantine all campus activities were canceled, meals were taken out by the well residents and delivered to those who were ill. Housekeeping did a marvelous job trying to keep things sanitized, Green said.

This made a difference within one week. Cautions were taken to prevent employee infections and very few staff members were taken ill.

The virus this year as last was not limited to Broadmead but hit a number of other area institutions and schools.

Green emphasized the precautions residents should follow in the future to minimize the spread of such viruses. These include: washing hands frequently, using sanitizers and staying home. She suggested that residents stock up on bottled water, ginger ale, jello, plain crackers, saltines, Tylenol, Imodium, a working thermometer and Lysol wipes.

Those with symptoms should report them to OPD. OPD will generally advise staying hydrated with clear liquids (water, tea, soda, ginger ale and jello), and for diarrhea a BRATTY diet (banana, rice, applesauce, tea, toast and yogurt.)



Broadmead is beautiful year-round, but especially in the spring. Bernie Anderson photographed these Bradford pear trees in the courtyard of Cluster H. Mary Frances Wagley enlightened residents about Broadmead trees at a recent Saturday Night program.

Howl...Continued from Page one

president and school president. He played competitive tennis and competed in the nationals. With a young family he completed his undergraduate and graduate degrees while working full time.

Cindy Howl, to whom he's been married for 31 years, was a cardiac care nurse. They have two adult sons, Paul and Steven, and "a beautiful six-month old granddaughter, London Evangeline." Paul works for the University of Wisconsin in finance and Steven is an EMT/Firefighter. Family members will be living in John and Cindy's Madison, Wisconsin, home, one of the reasons why they have decided to rent on campus at least temporarily instead of buying.

"We enjoy family, faith, sports, music, travel, life-long learning and community service," he said in an e-mail interview.

"As a career professional in the field of Senior Living Services I have a bias for actions and results, and a commitment to resident wellness and life enrichment. I'm excited about joining the Broadmead family and passionate about providing the highest quality of life for our present and future seniors," he said.

In announcing that Howl had accepted the Broadmead offer to become CEO, Trustees' search committee chair Larry Reid said that the Board has appointed an Executive Transition Committee to ensure that the transition process is as "thorough and seamless as possible. The committee will coordinate with those planning the various events to celebrate Rich's years of service, will arrange for introductions with John and the board, staff and residents, and will provide support and consultation as John takes up his leadership among us," he said.

Government "Sequester" Results in More Local Concerts



Story and photo by Sally Bloomer

The Congressional budget-cutting, known as the "sequester", has meant less money for many federal entities, among them the U.S. Field Army band which, facing travel restrictions, is doing more local concerts.

That's good news for Broadmead due to our location a minor travel distance from Fort Meade, home to the band, and our history of hosting its brass quartet, usually at Christmas.

A special afternoon concert last month featured four of its saxophonists. From Beethoven's first string quartet transposed for four saxophones to Scott Joplin's "Easy Winner", band members entertained before the new blue velvet curtains in the auditorium. The concert was arranged through Harriet Ambrose by Ginger Turner, a member of the band, in memory of her mother, Penny Turner, a long-time resident.



Let's Sing

with Jonathan Jensen
at the piano

Monday, May 20 - 7p.m.
Lounge

The Broadmead Audio Visual Committee Needs You --- Training Planned

Audio visual A/V equipment is required for virtually all our resident activities.

There is a critical need for more volunteers to serve on this committee. Fear of technology appears to be the major factor inhibiting residents from volunteering to help. To alleviate this fear a **Training Session** has been scheduled for Thursday, May 9 at 1 p.m. in the auditorium. All residents are invited. If you can operate your TV with a DVD Player, you can operate the A/V equipment. **Please consider volunteering your time.** Contact Frank Iber or Bernie Anderson.

First Monday Book Group

Auditorium, 10:30 a.m.

- | | |
|-------------|---|
| June 3 | <i>The Greater Journey</i>
by David McCullough |
| July 1 | <i>The Unlikely Pilgrimage
of Harold Fry</i>
by Rachel Joyce |
| August 5 | <i>Wild</i>
by Cheryl Strayed |
| September 2 | <i>Flight Behavior</i>
by Barbara Kingsolver |
| October 7 | <i>Citizens of London, the
Americans Who Stood with
Britain in Its Darkest Hour</i>
by Lynne Olson |
| November 4 | <i>Sweet Tooth</i>
by Ian McEwan |
| December 2 | <i>The Round House</i>
by Louise Erdrich |

Books may be borrowed from the
Bookmobile every other Friday.
Consult Broadmead schedule
Sally Bloomer



Broadmead Movies

Auditorium at 7 p.m.

Tuesday movies selected by Sally Bloomer
and Marjorie Appleby

Saturday movies by Jeanne Stephenson

Tuesday, May 7

Margaret

(Anna Paquin, Matt Damon, Kenneth Lonergan)

After witnessing a fatal bus crash, a young woman comes to believe that she inadvertently played a part in the tragedy. As she tries to deal with her feelings, she becomes emotionally abusive to those around her and to herself.

2011 NR 150 minutes

Tuesday, May 14

Beasts of the Southern Wild

(Quvenzhané Wallis, Dwight Henry, Levy Easterly)

This fantastic drama follows a little girl named Hushpuppy who lives in a dilapidated pocket of homes in the Mississippi Delta. When her father falls ill and natural disasters strike, Hushpuppy sets off to find her long-lost mother.

2012 PG-13 93 minutes

Tuesday, May 21

Simon Birch

(Ian Michael Smith, Joseph Mazzello, Ashley Judd)

Simon and Joe are best friends, bound by broken families and their misfit status. Simon is a dwarf and Joe is illegitimate. But the boys face a devastating blow as Simon searches for a destiny bigger than his body and Joe hunts for his father.

1998 PG-13 113 minutes

Saturday, May 25

Guys and Dolls

(Frank Sinatra, Marlon Brando)

The classic screen adaptation of the Broadway musical about New York gamblers running a wildly successful illegal crap game.

1955 NR 150 minutes

Tuesday, May 28

Annie Hall

(Woody Allen, Diane Keaton, Tony Roberts)

Winner of four Oscars, including Best Picture and Best Actress, director Woody Allen's iconic romantic comedy charts the relationship between neurotic writer Alvy Singer and quirky aspiring singer Annie Hall.

1977 PG-13 93 minutes

Religion at Broadmead

Friends Meeting for Worship

Sundays at 11 a.m.

Stony Run Board Room

Inter-Faith Vespers

3rd Sunday every month

4:30 p.m. Main Lounge

May 19

Rabbi Geoff Basik

Kol HaLev Congregation

Baltimore

Bible Study

Tuesdays at 10 a.m.

Fireplace Room

(sponsored by Brown Memorial
Woodbrook Presbyterian Church)

Episcopal Communion

1st Wednesday every month

10:30 a.m. Holly Terrace

(sponsored by Sherwood Episcopal Church)

Catholic Mass

2nd Wednesday every month

10 a.m. Holly Terrace

(sponsored by St. Francis Xavier Church)

The Gathering

Faith Related Topics

4th Wednesday every month

10:30 a.m. Auditorium

(sponsored by the Episcopal Church
of the Redeemer and Brown Memorial Park
Avenue Presbyterian Church)

Newly Arrived Residents

Mary Lee Anderson

L-4

Robert and Anne Daly

D-5

Howard Garber

W-9

VOICE OF THE RESIDENTS

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Tuesday, May 7, is Trail Day
10 a.m. to 3 p.m.

New wooden fences have been installed near the fenced gardens and here at the entrance to the Broadmead trails north of the Perimeter Road. The annual Trail Day outing is scheduled for Tuesday, May 7, 10 a.m. to 3 p.m.; rain date Thursday, May 9. Helpers will be needed. Please sign up on the bulletin board Photo by Bob Davies